



*Working to Reduce the Number  
of Opioid Prescriptions in Kentucky  
by One-Third by 2025*

April 2021

## KY SOS Links

- [About KY SOS](#)
- [Events & Education](#)
- [Standards](#)
- [Resources](#)
- [Contact Us](#)



KENTUCKY  
Cabinet for Health and  
Family Services



HealthCare



## Kentucky Statewide Opioid Stewardship (KY SOS) April Newsletter

### Alliant Health Solutions – QPR Trainings

Alliant Health Solutions is offering QPR (Question, Persuade, Refer), a suicide prevention virtual training. Alliant is offering this training at no cost to participants. Registration is required to attend as space is limited to 30 participants.

05/04/2021, 9:30 – 11:00 AM EST – [Click here to register](#)

05/04/2021, 1:00 – 2:30 PM EST - [Click here to register](#)

### DEA National Prescription Drug Take Back Day is Saturday, April 24, 2021

Please see link to access the DEA Take Back website.

<https://takebackday.dea.gov/>

Feel free to use educational pamphlets, posters and PSA videos from this website to promote this important event in your community. I encourage you to include proper prescription drug disposal in your discharge paperwork and in your discharge counseling to patients. Be sure to tell them about this DEA Take Back Day on April 24. You will be able to find a collection site near you by using the above link. (The website says “Coming Soon”. I just wanted to get this information/reminder out, so you can start planning now.) Once the website is updated, you will be able to scroll down to “Collection Site Locator” and type in your zip code to find a local collection site.

It is imperative that our patients dispose of their unwanted, unused and outdated medications. Getting rid of these medications can reduce the risk of duplicate therapies, reduce potential drug-drug interactions, while reducing confusion about therapy changes for our patients. Plus, disposing of unused narcotic medications can help reduce the diversion we are seeing across the state.

Don't forget that the Kentucky Office of Drug Control Policy (ODCP) website provides prescription drug disposal locations available throughout the year.

You can access the ODCP website by the following link. Just search by your county name and find the location(s) in your community.

<https://odcp.ky.gov/Pages/Prescription-Drug-Disposal-Locations.aspx>

Do your part, Kentucky, to promote this national DEA event and proper prescription drug disposal in your community!

## Additional Resources on KY SOS Website

To start and/or further conversations around non-pharmacologic pain treatments, like using a Comfort Menu, use this checklist:

<http://www.kentuckysos.com/portals/2/documents/ComfortMenuAlliantQuality.pdf>

Informational resource to explain risks of opioids and benzodiazepines combination, please visit <http://www.kentuckysos.com/portals/2/documents/Medication-Risk-Alert-Opioids-and-Benzodiazepines.pdf>

All other KY SOS resources can be found at <http://www.kentuckysos.com/Resources>

## Data Update

KY SOS continues to encourage all facilities to submit their monthly data into KY Quality Counts (KQC). As the COVID-19 pandemic continues, KY SOS understands resources are stretched and data entry might be delayed. Please continue to report **monthly** data on both the process and outcomes measures. Education and the future of the program are based in part on the data reported. Areas of improvement and areas of success will be highlighted and emphasized as KY SOS continues. If you need assistance with data input or navigation of the KQC data collection system, please contact **Emily Henderson** ([ehenderson@kyha.com](mailto:ehenderson@kyha.com)) or **Melanie Moch** ([mmoch@kyha.com](mailto:mmoch@kyha.com)).

## The Happenings

### *Upcoming Events/Webinars*

**KY SOS April Webinar – April 14, 1-2p ET:** KY SOS Metric 8: Organization Collaborates with Community Partners to Promote Appropriate Use of Opioids within the Community.

Presented by Clark Regional Medical Center, CE pending for this event. Calendar invites have been sent for this event.

**Webinar link:** <https://join.onstreammedia.com/live/41054104/kysos5>

**Password:** KYSOS

**Conference line:** 1-877-594-8353

**Participant Code:** 56350822 #

## In Case You Missed It

**Dr. Brittney Allen**, Department of Behavioral Health and Development Intellectual Disabilities, presented at the KHA Quality Conference on Substance Use Disorder and the COVID-19 Pandemic: Special Focus on Disparities Impacting Communities of Color. A recording of her presentation

can be found here: <https://www.youtube.com/watch?v=9Shlho-qjGo>

**For more information, please visit [www.kentuckysos.com](http://www.kentuckysos.com) or contact a KHA staff member to assist.**

Emily Henderson for program and pharmacy-related questions–  
[ehenderson@kyha.com](mailto:ehenderson@kyha.com)

Melanie Moch for data-related questions – [mmoch@kyha.com](mailto:mmoch@kyha.com)

-  
Claire Arant for administrative assistance – [carant@kyha.com](mailto:carant@kyha.com)

*Missed a webinar? All presentations are recorded and can be found under the events & education link.*