

Kentucky Statewide Opioid Stewardship (KY SOS) December Newsletter



HAPPY HOLIDAYS

The Kentucky Hospital Association (KHA) and the Kentucky Statewide Opioid Stewardship (KY SOS) program are responding to Kentucky's current opioid crisis by meeting pharmacists where you are with your opioid stewardship programs. We recognize the need for further education in implementation of opioid stewardship programs in both inpatient and outpatient settings. Fundamental needs have to be met before we can see improvement with the opioid crisis. KY SOS believes further education of our healthcare providers is the key to attain this improvement across the state. The underlying question being how to manage pain in our patients while avoiding the risk of addiction.

Together KHA and the KY SOS program with the American Society of Health-system Pharmacists (ASHP) want to extend the opportunity for you as a **pharmacist or pharmacy resident** to complete the ASHP Opioid Stewardship Certificate. KY SOS program will **sponsor 25 pharmacists** in the completion of this self-guided, online program. This is a **\$545 GIFT** from KY SOS to complete this program! The program consists of recorded presentations, readings, and practice activities. Topics emphasized in this program include:

- Methods for developing an opioid stewardship program from its infancy through maturity and quality improvement.
- Strategies for creating executive leadership support and practitioner buy-in.
- Using data and metrics to inform program development, quality improvement, and management.
- Methods for educating the healthcare team and patients, and patient care strategies that identify and mitigate risks while incorporating shared decision-making with patients and/or caregivers.

Once the curriculum has been completed, the pharmacist will need to successfully complete a 100 question exam (scoring 80% or greater) to obtain the ASHP Opioid Stewardship Certificate. We encourage you to register today by emailing Stacy Allen at: sallen@kyha.com. The first 25

pharmacists to respond will be selected. After 25 have been selected, you will be placed on a waiting list for future groups. The success of this program will determine future sponsorship for this certificate.

KHA and the KY SOS program are committed to furthering education in opioid stewardship. Let's partner together to continue to reduce opioid overprescribing while improving safe opioid use across Kentucky. KY SOS program goals are for hospitals to demonstrate their actions and commitments to their patients and communities to combat Kentucky's opioid epidemic.

For more information on the ASHP Opioid Stewardship Certificate, please visit: [Professional Certificates - ASHP](#)

REGISTER TODAY!! Be one of the first 25 to register. Email sallen@kyha.com to register.

OD2A Quick News

OD2A Quick News **November** editions have been published.

November 28, 2022 edition offers a learning opportunity from the [Just Say YES Youth Prevention Program](#) for monthly, online webinars. To subscribe and access the full edition: [Signup Form \(constantcontactpages.com\)](#)

November 16, 2022 edition focused on the Kentucky Opioid Abatement Advisory Commission overseeing the distribution of settlement funds. The \$478 million settlement comes from four drug companies charged with fueling the opioid crisis with the state and local governments being the recipients of the funds. Funding can be applied for at this time and there are numerous Commission Meetings and Town Halls to attend to have your voice heard by the commission. To subscribe and access the full edition: [Signup Form \(constantcontactpages.com\)](#)



FindRecoveryHousingNowKY.org is a free near-real-time recovery housing locator and resource library for the state of Kentucky. The website launched on Wednesday, September 28, 2022. FindRecoveryHousingNowKY.org allows hospital staff and clinicians to locate available recovery

housing openings for patients who are seeking safe and affordable housing that supports their recovery from substance use disorder (SUD). A simple search can be completed within one minute. More than 40 filters are available to help narrow down a search.

FindRecoveryHousingNowKY.org also provides a guided search tool for those who are not sure what they are looking for. The tool asks the website searcher a series of questions and provides a list of recovery houses based on the searcher's responses. The online library has resources on how to obtain a driver's license/identification card, health insurance, and food benefits, as well as on various support services. FindRecoveryHousingNowKY.org also has materials such as brochures, pocket cards, stickers, and magnets that can be ordered and mailed at no cost. Much like its sister site FindHelpNowKY.org, a free near-real-time substance use disorder treatment locator, FindRecoveryHousingNowKY.org is a linkage to care component for individuals with SUD. FindHelpNowKY.org launched in 2018 and has more than 700 SUD treatment facilities and over 300 providers listed on the site.

If you have any questions or would like more information on FindRecoveryHousingNowKY.org, please email the FindRecoveryHousingNowKY.org team at mail@findrecoveryhousingnowky.org.



Data Update

KY SOS continues to encourage all facilities to submit their monthly data into KY Quality Counts (KQC). Please continue to report **monthly** data on both the process and outcomes measures. Education and the future of the program are based in part on the data reported. Areas of improvement and areas of success will be highlighted and emphasized as KY SOS continues. If you need assistance with data input or navigation of the KQC data collection system, please contact **Emily Henderson** (ehenderson@kyha.com), **Stacy Allen** (sallen@kyha.com), or **Melanie Landrum** (mlandrum@kyha.com).

The Happenings

As a reminder for the Hospital Rate Improvement Program (HRIP), the Opioid Provider Education goal is that **90%** of **inpatient** providers receive opioid best practice education in 2022. One way this can be accomplished is by providers attending the KY SOS educational webinars (current and previous). For past webinars visit: www.kentuckysos.com Go to education/events tab and click on past presentations.

The HRIP program does not specify how many hours a provider must attend or how they receive the education (in-person or webinar, etc.), only that the facility must have documentation that the provider received education in 2022.

During the 4th Quarter 2022, KY SOS will have a one-time metric in Kentucky Quality Counts (KQC) with a numerator of total number of **inpatient providers** who received education for opioid best practices over the denominator of total number of **inpatient providers**. **Starting December 1, 2022, you will be able to enter this data on the Data Entry page of KQC.** If the hospital has **90% or greater** they will receive the **0.5% designated funding for the HRIP metric.**

Upcoming Events/Webinars

Back to Basics ● ● ● BUPRENORPHINE 101

Back to Basics: Buprenorphine 101

December 8th, 9 AM PST (Virtual)

Ensure your hospital's medication for addiction treatment (MAT) program is up and running with this online training session. Providers will learn best practices for treating patients with buprenorphine in the emergency department.

To register for Back to Basics Buprenorphine 101: [Webinar Registration - Zoom](#)

- **KY SOS December Webinar- Danielle Anderson, MD**, an addiction psychiatrist and family medicine specialist, will be presenting: **From a clinical perspective, Patients Coping with the Holidays** on **December 14** from **12 noon to 1PM ET**. Calendar invites have been sent for this webinar. ****This will be the last KY SOS webinar for 2022 and the last opportunity for provider education on opioid stewardship/ best prescribing practices to fulfill the HRIP requirement.****
- **KY SOS January Webinar- Ryan Stanton, MD**, emergency physician and EMS medical director, will be giving an educational webinar on: **Emergency Department opioid use for acute ankle sprain and the use of alternatives to opioids**. The information presented will be directly applicable to KY SOS Metric 3a which has been proposed to

have HRIP funding tied to in 2023. This webinar is scheduled for **January 18, 2023** from **12 noon to 1PM ET**. CE is pending. Calendar invites will be sent for this webinar.

- **KY SOS February Webinar- Connie White, MD**, retired OB/GYN physician and Kentucky Department for Public Health (KDPH) Deputy Commissioner will speak with attendees about **KY SOS Metric 4b- Opioid Use for Uncomplicated Vaginal Delivery**. It has been proposed in 2023 for this metric to have HRIP funding. This webinar is scheduled for **February 15, 2023** from **12 noon to 1PM ET**. CE is pending and calendar invites will be sent.
- **KHA Annual Quality Conference** is scheduled for **March 1, 2023- March 3, 2023** in Lexington, KY at the Campbell House. More information to come.



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



Great Lakes (HHS Region 5)

ATTC

Addiction Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Motivational Interviewing and SBIRT Training 2023



Build your Motivational Interviewing (MI) and Screening, Brief Intervention, and Referral to Treatment (SBIRT) skills in 2023! We're offering multi-session series throughout the year. Attend all sessions and you'll earn NAADAC Continuing Education hours. (Be sure to make note of pre-requisites for each level of training.) Join colleagues from across the region in learning to apply this evidence-based practice with fidelity. View the complete [2023 Motivational Interviewing calendar](#) on our website!

Level 1

Winter 2023:

Motivational Interviewing: Relational Skills

- January 18, 2023 from 8:30AM-11:30AM CT
- January 25, 2023 from 8:30AM-11:30AM CT
- February 1, 2023 from 8:30AM-11:30AM CT

[Register for Level 1 Winter](#)

Spring 2023:

Motivational Interviewing: Relational Skills-Level 1

- March 1, 2023 from 8:30AM-11:30AM CT
- March 8, 2023 from 8:30AM-11:30AM CT
- March 15, 2023 from 8:30AM-11:30AM CT

[Register for Level 1 Spring](#)

You must complete Level 1 (Relational Skills) in order to attend Level 2 (Technical Skills) and Level 3 (SBIRT and Coding & Coaching).

Visit our website to see our full 2023 Motivational Interviewing and SBIRT calendar!



Meet the Trainer:

Laura A. Saunders, MSSW, is the Wisconsin State Project Manager for the Great Lakes Addiction, Mental Health and Prevention Technology Transfer Centers. Her position is housed at the UW–Madison, where she’s worked since 1988. Since 2001, Laura has provided SBIRT and Motivational Interviewing training to physicians, nurses, medical students, psychologists, specialty addiction treatment providers, social workers, physical therapists, health educators, and staff who work in correctional settings. She has provided feedback and coaching to hundreds of social workers, correctional staff, and other human service providers who are interested in using evidence-based practices with fidelity. Laura joined the international group of Motivational Interviewing Network of Trainers (MINT) in 2006 (Sophia, Bulgaria) and is an active member of the Wisconsin MINT group.



The [Great Lakes ATTC](#), [MHTTC](#), and [PTTC](#) are funded by [SAMHSA](#) to provide training and technical assistance to the behavioral health prevention, treatment, and recovery services workforce in Health and Human Services Region 5: IL, IN, MI, MN, OH, and WI.



In Case You Missed It

- **CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022**

The CDC recently released the long awaited guidelines for treating pain of the acute, subacute, and chronic states. The newly released guidance from the CDC both updates and is meant to replace the **2016 CDC Opioid Guideline for pain**. For the complete guidance, please visit: <https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm>

- The FDA issued an alert to healthcare professionals concerning the presence of xylazine in illicit drugs. For the complete alert: <https://www.fda.gov/drugs/drug-safety-and-availability/fda-alerts-health-care-professionals-risks-patients-exposed-xylazine-illicit-drugs>
- Researchers at the University of Houston have developed a vaccine that has been shown to block the passage of fentanyl into the brain, thereby eliminating the “high”. To access

the full article, visit: <https://uh.edu/news-events/stories/2022-news-articles/november-2022/11142022-fentanyl-vaccine-haile-kosten.php>

- **Results from DEA Drug Take Back Day 2022**
(The following graphics and information provided by www.dea.gov)





Total Law Enforcement Participation for KY: 67



Total Collection Sites in KY: 64



Total Weight Collected for KY: 11,994 pounds



Total Weight All Time for KY: 227,035 pounds

Did You Know...?

KY SOS Advisory Committee members will come to your facility or schedule a zoom meeting for technical assistance. This opportunity allows your staff to get specific education on opioid best practices. If you have specific questions, reach out to KHA SOS staff and you'll be connected with the appropriate KY SOS Advisory Committee member.

Additional Resources on KY SOS Website

- Find Help Now KY is a website used to assist individuals in the community find an addiction treatment facility. For more information, visit the website at www.findhelpnowky.org
- Kentucky Opioid Response Effort (KORE) has funded access to treatment and recovery for individuals who have a functional hearing loss and need effective communication. The guidelines can be found on the KY SOS website or click the link to be directed: <http://www.kentuckysos.com/Portals/2/Documents/KOREGuidelinesDeafHardofHearingAccessdoc.pdf>
- A new harm reduction resource for those in recovery. Find Recovery Housing Now KY is a real-time SUD recovery network to help individuals in recovery locate housing. Please visit: <https://chfs.ky.gov/agencies/dbhdid/Pages/krhn.aspx>
- All other KY SOS resources can be found at <http://www.kentuckysos.com/Resources>

For more information, please visit www.kentuckysos.com or contact a KHA staff member to assist.

Emily Henderson for ED Bridge/outpatient/program related questions– ehenderson@kyha.com

Stacy Allen for inpatient pharmacy-related questions – sallen@kyha.com

Melanie Landrum for data-related questions – mlandrum@kyha.com

Missed a webinar? All presentations are recorded and can be found under the events & education link