



Working to Reduce the Number
of Opioid Prescriptions in Kentucky
by One-Third by 2025

July 2020

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Kentucky Statewide Opioid Stewardship (KY SOS) July Newsletter

A Message from the KY SOS Team

New Additions to the KY SOS Advisory Committee

KY SOS is happy to welcome three new additions to the KY SOS Advisory Committee, Dr. Kristy Deep, Kellie Holland and Barbara Kinder. **Dr. Kristy Deep** is with UK Healthcare and will be representing physicians on the committee. **Kellie Holland**, The Ridge Behavioral Health System, will be representing Psychiatric, Chemical Dependency and Behavioral health hospitals alongside her CEO, Nina Eisner, on the committee. **Barbara Kinder**, Clark Regional Medical Center, will represent Chief Nursing Officers on the committee. KY SOS Advisory Committee is designed to have representation from different areas in the health care system in order to have a comprehensive approach in combatting the opioid epidemic.

For more information on KY SOS's Advisory Board, please visit <http://www.kentuckysos.com/About-KY-SOS/Advisory-Committee>.

KY SOS banners are currently being shipped to all participating hospitals. If you have questions regarding banners, please contact KHA KY SOS team.

Hospital Highlight

Pikeville Medical Center is participating in a project to increase utilization of non-opioid pain medications for metabolic and bariatric surgeries.

Danielle Hamilton, Inpatient Pharmacist with Pikeville Medical Center, informed KY SOS of their participation in Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP). The purpose of the program is to provide MBSAQIP-accredited centers a protocol for increased utilization of non-opioid pain medications with a goal of improving pain control while simultaneously reducing both prescriptions and patient utilization of opioids in both the short and long-term phases of post-metabolic and bariatric surgery care. This collaborative team includes anesthesiologists, pharmacists, all bariatric surgeons and clinical staff. Pharmacist contributions are to calculate the Morphine Equivalent Use for each patient using the

MBSAQIP recommended calculator and communicate these results to the team members.

If you would like to reach out to Danielle for more information, please contact the KY SOS team.

Data Update

KY SOS continues to encourage all facilities to submit their monthly data into KY Quality County (KQC). As the COVID-19 pandemic continues, KY SOS understands resources are stretched and data entry might be delayed. Please continue to report monthly data. Education and the future of the program are based in part on the data reported. Areas of improvement and areas of success will be highlighted and emphasized as KY SOS continues. If you need assistance with data input or navigation of the KQC data collection system, please contact Emily Henderson (ehenderson@kyha.com) or Melanie Moch (mmoch@kyha.com).

Action Requested

KY SOS is still collecting **Needs Assessment surveys** and **Metric 4** procedures to be reported for each facility. It is *essential* that all participating hospitals submit a needs assessment survey for KY SOS to have baseline data. If you are unsure if your hospital has submitted a needs assessment survey, please reach out to the KY SOS team, or visit this link to submit your needs assessment: <https://www.surveymonkey.com/r/6DCVFWH>.

KY SOS is finalizing **Metric 4** procedures for each facility, customizing KQC dashboards. As a reminder Metric 4 addresses the use of evidence-based opioid-sparing analgesic regimens for select surgical procedures. Those select procedures are appendectomy, arthroscopic partial meniscectomy, breast biopsy/lumpectomy, cholecystectomy, prostatectomy, thyroidectomy, unilateral inguinal hernia repair, cardiac catheterization, dental extraction and uncomplicated vaginal delivery. While hospitals are only asked to report data on **three of these procedures**, KY SOS encourages hospitals to report as many procedures that are applicable to their facility. If your facility does not perform any of the listed procedures, please contact KY SOS. If you are unsure if your facility has notified KY SOS of these specific procedures, please reach out to any KY SOS team member for assistance.

The Happenings

July Webinar

Dr. Kristy Deep, UK Healthcare Internal Residency Program Director, will present content on the areas of prescribing around Metrics 2A and 2B, on **July 29 from 11:00 – 12:00 pm ET**. She will highlight best practices, address successes and barriers, and outline tips to continue to improve opioid stewardship efforts in her practice and for others. A calendar invite will be sent with webinar information closer to date. Contact Emily Henderson (ehenderson@kyha.com) if you do not receive a calendar invite, or have questions about this webinar.

If you would like to add this webinar to your calendar, please see

information below.

Webinar link: <https://join.onstreammedia.com/go/41054140/kysos3>

Password: KYSOS

Conference line: 1-877-594-8353

Participant code: 56350822 #

Upcoming Events/Webinars

- KY SOS plans to host a one day conference in mid-September. This conference may be in-person or virtual, depending on safety guidelines resulting from the COVID-19 pandemic. More information to follow.

For more information please visit www.kentuckysos.com or contact a KHA staff member to assist.

Emily Henderson for program and pharmacy-related questions—
ehenderson@kyha.com

Melanie Moch for data-related questions – mmoch@kyha.com

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Claire Arant for administrative assistance – carant@kyha.com

Missed a webinar? All presentations are recorded and can be found under the events & education link.