

Kentucky Statewide Opioid Stewardship (KY SOS)

May Newsletter

KY SOS is growing! Welcome Pharmacist, Stacy Allen, PharmD



Stacy Allen has 16 years of experience as a pharmacist. She has a background focused on direct patient care in retail, long-term care, and hospital. Stacy began her career in healthcare as a retail pharmacist for Walgreens. She then transitioned her focus into clinical pharmacy in long-term care and inpatient hospital care. Stacy has worked as a clinical/staffing pharmacist for the last 13 years with UofL Health- Mary and Elizabeth Hospital, formerly Sts. Mary and Elizabeth Hospital. She works as a pharmacy consultant of Kentucky Hospital Association (KHA) with the KY Statewide Opioid Stewardship program (KYSOS). She earned her Doctor of Pharmacy degree from Samford University McWhorter School of Pharmacy in Birmingham, AL. Stacy is committed to ensuring safety and quality for her patients. Stacy can be reached at sallen@kyha.com

Working Together to Share Best Practices

New Resources Can Aid Providers in Treatment Stimulant Use Disorder

Polysubstance use and the co-use of illicit stimulants and opioids in particular is the considered the fourth wave of the past 20-year epidemic defined by opioids causing fatal overdoses. Last year, the Kentucky [Office of Drug Control Policy's Annual Overdose Fatality Report](#) reported that 801 of the 1,964 reported overdose deaths in Kentucky involved the use of methamphetamine.

“Although we do not have a medication for the treatment of stimulant use disorder yet, it is important, as members of the medical and treatment community, to be mindful of the interventions and resources we do have to effectively treat stimulant use disorder,” said Dr. Katie Marks, project director for the [Kentucky Opioid Response Effort \(KORE\)](#).

KORE encourages our partners to read and share the following resources to help expand our knowledge and expand access to evidence-based treatment for individuals with stimulant use disorder.

Contingency Management for Stimulant Use Disorder

Contingency management (CM) has shown to be the most effective treatment for stimulant use disorder. It is an evidence-based treatment approach centered on providing incentives to support positive behavior change. [This resource guide is geared toward assisting health and behavioral health professionals](#) to adopt a contingency management approach.

Treatment Improvement Protocol

The Substance Abuse and Mental Health Services Administration has released new guidance for providers treating individuals with Stimulant Use Disorder. The new Treatment Improvement Protocol (TIP) reviews what is currently known about treating the medical, psychiatric, and SUD-related problems associated with the use of cocaine and methamphetamine and the misuse of prescribed stimulants (such as those for the treatment of attention deficit hyperactivity disorder [ADHD]). The scientifically-based information in this TIP is presented to make it accessible and relevant to behavioral health service clinicians and other frontline SUD treatment providers, including healthcare service providers (e.g., in primary care settings, in emergency departments). [More information is available here.](#)

What else can you do?

Did you know May is Mental Health Awareness Month? This is a great opportunity to share messaging focused on mental health and behavioral health issues to help educate the public and share resources for treatment and services. In addition to promoting programs and services within your facilities, Mental Health Awareness Month is a great opportunity to highlight staff, share stories of recovery, and help end stigma. Social media can be a powerful tool in helping to deliver this message. [Graphics](#) and [social media messaging](#) are available.

Centers for Disease Control and Prevention (CDC) Video Series

CDC has compiled a Quality Improvement & Care Coordination When Prescribing Opioids for Chronic Pain video series. The series includes quality improvement measures facilities/providers are currently using and why, strategies implemented, how to track and monitor your progress and so much more.

To check out CDC's video series, please visit: https://www.cdc.gov/opioids/healthcare-admins/videos.html?s_cid=DOPTrain_Social_126

Kratom Articles

The Department of Justice/Drug Enforcement Administration (DEA) has published articles and educational facts on Kratom. Kratom is a tropical tree native to Southeast Asia and when its leaves are consumed, it produces both stimulant and sedative effects based on dosage.

While Kratom is not currently illegal at the national level, six states and 3 cities (including the District of Columbia) have banned Kratom due to serious health risks.

For more information on Kratom from the DEA, please visit:

<http://www.kentuckysos.com/Portals/2/Documents/Kratom-2020.pdf>

<http://www.kentuckysos.com/Portals/2/Documents/kratom-drugfacts.pdf>

<http://www.kentuckysos.com/Portals/2/Documents/whatstrending-kratom.pdf>

Pharmacy Webinar Series – Part Three: Kratom



PHARMACY WEBINAR SERIES

A FREE 4 part webinar series tailored to provide pharmacists with the necessary knowledge to better serve our community. Webinar topics were identified by pharmacists across Kentucky.



SPEAKER:

Dr. Walter Prozialeck

Professor of Pharmacology
College of Graduate Studies, Midwestern University



Walter C. Prozialeck has had a long and distinguish career as a biomedical educator and researcher. He received his Ph.D in Pharmacology from Thomas Jefferson University in 1978 and then completed a two-year post-doctoral fellowship in biochemical psychopharmacology at the Medical College of PA. In 1991, he joined the Department of Pharmacology at CCOM, and in 1997 he was appointed chairman of the department, a position that he held until 2018. Dr. Prozialeck has had extensive experience in teaching Pharmacology to many healthcare students and has lectured in numerous CE programs for physicians and other healthcare professionals.

One focus of Dr. Prozialeck's current research is emerging herbal medications and "designer" drugs of misuse and scientific issues related to the medical use of opioids, marijuana, and kratom. In 2021, Dr. Prozialeck was the recipient of the Career Achievement Awards from the Metals Specialty Section of the Society of Toxicology. Dr. Prozialeck has served on several NIH study sections and as Associate Editor of the journal Toxicology and Applied Pharmacology. He is a former President of the Great Lakes Chapter of the American Society for Pharmacology and Experimental Therapeutics and the Midwest Regional Chapter-Society of Toxicology.

PART THREE:

Kratom- Use of Kratom Within the Context of the Evolving Opioid Crisis in the U. S.

May 25, 2022 @ 12 PM CST



REGISTER NOW AT:

https://us02web.zoom.us/webinar/register/WN_34C-WR-ST5y5KQv14RbRgw

OR SCAN QR CODE:



CPE Opportunity

Activity: Knowledge
Audience: Pharmacists, Pharmacy Technicians
Fee: Free, sponsored by PAHC
Schedule: 1 Contact Hours Or 0.1 CEUs
Activity Numbers: 0143-0000-22-026-L01-P, 0143-0000-22-026-L01-T
Requirements: complete evaluation form

The Kentucky Pharmacy Education and Research Foundation, Inc is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education



UPCOMING WEBINARS

Part 4: Recovery/Stigma-June 20th



Partnership for Better Health



BAPTIST HEALTH
PADUCAH



Purchase District
Health Department
Promoting Health. Preventing Disease. Protecting You.



2022 Stigma of Addiction Summit

The Stigma of Addiction Summit is a half-day, virtual, action-oriented symposium focused on understanding, addressing, and eliminating the harmful impacts of stigma on those who use drugs and experience addiction. The Summit will be **June 8, 2022** from **11:30 – 4:30 PM EDT**.

Registration can be found here - <https://www.shatterproof.org/stigmasummit2022>

PowerPak Presents: Opioid Analgesic Therapy Certificate Program for Pharmacists

PowerPak is offering a free Opioid Analgesic Therapy program for pharmacists that would provide 9 modules for 18 education credit hours. **This opportunity expires May 29, 2022.**

To participate in this opportunity, please visit: <https://www.powerpak.com/oatph/>

In Case You Missed It

- Kentucky Hospital Association (KHA) Annual Quality Conference hosted **Dr. Allen Brenzel**, who presented on the KY SOS Program and its future. In case you were unable to attend the conference, the recording of his presentation, and others, can be found [here](#).
- **KY SOS April Webinar**, presented by **Michael Muscarella, PT, DPT, LDE**, Baptist Health Paducah, and **Charlie Workman, MSPT, MBA**, Baptist Health Lexington, and **Holly Johnson, PT, DPT, Cert. MDT**, was entitled Battling Kentucky's Opioid Crisis: Choose PT! The webinar focused on Physical Therapy services as an alternative to opioids for pain control and management. The recording to this webinar can be found [here](#).

Did You Know...?

KY SOS Advisory Committee members will come to your facility or schedule a zoom meeting for technical assistance. This opportunity allows your staff to get specific education on opioid best practices. If you have specific questions, reach out to KHA SOS staff and you'll be connected with the appropriate KY SOS Advisory Committee member.

Data Update

KY SOS continues to encourage all facilities to submit their monthly data into KY Quality Counts (KQC). Please continue to report **monthly** data on both the process and outcomes measures. Education and the future of the program are based in part on the data reported. Areas of improvement and areas of success will be highlighted and emphasized as KY SOS continues. If you need assistance with data input or navigation of the KQC data collection system, please

contact **Emily Henderson** (ehenderson@kyha.com) or **Melanie Landrum** (mlandrum@kyha.com).

The Happenings

Upcoming Events/Webinars

- **KY SOS June Webinar** hosted by **Lindsay Bowles, RN, BSN, Emily, Sacca, PT, DPT, John Edwards, DNAP, CRNA, and James Borders, MD**, entitled Perioperative Opioid Stewardship – Changing the Culture, will be hosted on **June 22, 2022 at 2:00 – 3:00 PM EST**. Calendar invites will be sent closer to date.

Zoom information:

<https://us02web.zoom.us/j/81522976622?pwd=c2YrWVR0SEdMU29WYWZEMWFkcWV0Zz09>

Meeting ID: 815 2297 6622

Passcode: 2501

- **KY SOS July Webinar** hosted by **John Edwards, DNAP, CRNA**, will present on Proper Opioid Disposal on **July 28, 2022 at 2:00 – 3:00 PM EST**. Calendar invites to follow.

Zoom information:

<https://us02web.zoom.us/j/86966617763?pwd=OHRJMmJaRidBV2g2T2VhZTYrQUtLQT09>

Meeting ID: 869 6661 7763

Passcode: 2501

Additional Resources on KY SOS Website

- Find Help Now KY is a website used to assist individuals in the community find an addiction treatment facility. For more information, visit the website at www.findhelpnowky.org
- Kentucky Opioid Response Effort (KORE) has funded access to treatment and recovery for individuals who have a functional hearing loss and need effective communication. The guidelines can be found on the KY SOS website or click the link to be directed: <http://www.kentuckysos.com/Portals/2/Documents/KOREGuidelinesDeafHardofHearingAccessdoc.pdf>
- All other KY SOS resources can be found at <http://www.kentuckysos.com/Resources>

For more information, please visit www.kentuckysos.com or contact a KHA staff member to assist.

Emily Henderson for program and outpatient pharmacy-related questions–
ehenderson@kyha.com

Stacy Allen for inpatient pharmacy-related questions – sallen@kyha.com

Melanie Landrum for data-related questions – mlandrum@kyha.com

Claire Arant for administrative assistance – carant@kyha.com

Missed a webinar? All presentations are recorded and can be found under the events & education link.