

Kentucky Statewide Opioid Stewardship (KY SOS) May Newsletter

Kentucky Hospital Association Is Hiring!

KHA is hiring a **Director of Quality and Health Professions**. We are seeking a registered nurse with at least five years of quality improvement/patient safety experience in a hospital setting. Interested parties should contact Lisa Hyman at lhyman@kyha.com for further information.

For the posting of the Director of Quality Position please visit the KHA LinkedIn Page:
<https://www.linkedin.com/company/kentucky-hospital-association/jobs/>

KY SOS Team on the Road Again

The KY SOS program participated in the Annual Appreciation of Hospital Week, celebrating Taylor Regional Hospital. The event was hosted by Hosparus Health and was themed Barn Yard Bash. KY SOS provided information about the inpatient, outpatient primary care clinic, and emergency department bridge programs. KY SOS staff was on hand to answer questions and highlight the program for community members and hospital staff.

KY SOS will attend community events/health fairs to highlight the growing program and efforts made across the state regarding opioid stewardship. If you would like KY SOS to attend your community event/health fair, please contact Emily Henderson (ehenderson@kyha.com).



KY SOS staff in attendance (from L to R) Mary Beth Ecken, PharmD, Shanna Jagers, PharmD, Emily Henderson, PharmD, Marilyn Connors, DO, Hallie Wilson.





The Drug Enforcement Agency, jointly with the Substance Abuse and Mental Health Services Administration (SAMHSA), is issuing a temporary rule to extend certain exceptions granted to existing DEA regulations in March 2020 as a result of the COVID-19 Public Health Emergency (COVID-19 PHE), in order to avoid lapses in care for patients.

The full set of telemedicine flexibilities regarding prescription of controlled medications as were in place during the COVID-19 PHE will remain in place through November 11, 2023.

If a patient and a practitioner have established a telemedicine relationship on or before November 11, 2023, the same telemedicine flexibilities that have governed the relationship to that point are permitted until November 11, 2024.

According to the rule, ultimately, there will be a final set of regulations permitting the practice of telemedicine under circumstances that are consistent with public health, safety, and effective controls against diversion.

Read SAMHSA's release [here](#).

Read entire rule [here](#).



NATIONAL PREVENTION *Week*

A CELEBRATION OF POSSIBILITY



**MAY 7-13
2023**

Sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA), **National Prevention Week** is a national public education platform showcasing the work of communities and organizations across the country dedicated to raising awareness about the importance of substance use prevention and positive mental health.

#MyPreventionStory

A WAY FOR EVERYONE TO GET INVOLVED

We're encouraging everyone to create and share a prevention story on social media using the **#MyPreventionStory** hashtag.

Visit samhsa.gov/prevention-week for inspiration and ideas.

SAMHSA
Substance Abuse and Mental Health
Services Administration

OD2A Quick News

OD2A Quick News April 21, 2023, edition has been published. You can read this news update to find out more concerning:

- The decline in deaths due to overdose in KY is seen for the first time in four years.
- Politics and disparities seen in the opioid addiction crisis.
- Register for a learning opportunity with CE credit from the HEALing Communities Study's Virtual Learning Collaborative series. Carol Krause, Senior Advisor to the National Institutes of Health's National Institute on Drug Abuse, will discuss the media's use of stigmatizing language when discussing substance misuse. Following the presentation will be a roundtable discussion when the participants will be discussing best practices when reporting on addiction and the media's response to reducing stigma.
- Recovery Ecosystem Index Mapping Tool
- Trends seen amongst baby boomers in drug overdose fatalities in America.

For access to the full articles from **OD2A Quick News April 21, 2023**, please click here to subscribe: [Signup Form \(constantcontactpages.com\)](https://constantcontactpages.com)

OD2A Quick News April 18, 2023, edition has been published. You can read this news update to find out more concerning:

- Registration is now open for Kentucky Harm Reduction Summit. Save the date, **June 14–15, 2023**. This free summit will be held in-person at Carl D. Perkins Conference Center on Eastern Kentucky University's Richmond Campus from **8:30 a.m. – 4:30 p.m.** each day.
- Georgetown Police Department has a unit developed focusing on mental health, substance use recovery, and drug court, in an effort to reduce drug overdoses.
- Read this edition to find out more about the trends and characteristics of buprenorphine-involved overdose deaths prior to and during the COVID-19 pandemic.
- Did telehealth have a positive effect on fatal overdoses seen with opioids during COVID?
- Results of an analysis looking at outpatient follow-up and use of medications for OUD after receiving residential treatment can be read in this edition of OD2A Quick News.

For access to the full articles from **OD2A Quick News April 18, 2023**, please click here to subscribe: [Signup Form \(constantcontactpages.com\)](https://constantcontactpages.com)

OD2A Quick News April 10, 2023, edition has been published. You can read this news update to find out more concerning:

- Do you know how the \$50 billion in opioid settlement will be earmarked for spending? Read this article to see how it's being spent.
- FDA approves Masimo Opioid Halo system, a device to detect opioid overdose by alerting when opioid-induced respiratory depression occurs.

- Research has shown the combination of opioids and gabapentin vs opioid usage alone increases the risk of developing OUD or suffering overdose. The complete article can be read in this edition.
- This OD2A Quick News edition has these articles and more. For access to the complete articles, click the link below.

For access to the full articles from **OD2A Quick News April 10, 2023**, please click here to subscribe: [Signup Form \(constantcontactpages.com\)](https://constantcontactpages.com)

KyOD2A Happenings April 2023 edition has been published. You can read this news update to find out more concerning:

- Results of the annual report from Kentucky Fatality Assessment and Control Evaluation (KY FACE) program on Kentucky occupational fatalities.
- Special People Advocating Recovery Kentucky (SPARK) Ministries, work in the communities they serve have been given a mini grant by the Overdose Data to Action grant. This article highlights the work SPARK Ministries can do through peer support specialists.
- FINDHELPNOW.ORG now serves KY and TN with three more jurisdictions currently in the onboarding process. FINDHELPNOW.ORG is a SUD treatment tool used to quickly link persons seeking treatment with available care.
- The **2022 KENTUCKY HARM REDUCTION SUMMIT** videos have been posted and can be accessed through this issue.
- The **2023 KENTUCKY HARM REDUCTION SUMMIT** will be **June 14-15, 2023** in Madison County, KY. Registration will open in the spring of **2023**.
- Southern Kentucky Trauma & Addiction Summit will be **April 26, 2023** in Somerset, KY. Click here to register: [Southern Kentucky Trauma & Addiction - April 26, 2023 \(thinkific.com\)](https://thinkific.com)

For access to the full articles from **KyOD2A Happenings April 2023**, click here: [April 2023 KyOD2A Happenings FINAL.pdf \(uky.edu\)](https://uky.edu)

First Over the Counter Naloxone FDA approved

[FDA Approves First Over-the-Counter Naloxone Nasal Spray | FDA](#)

Congress Removes Requirement for DATA-Waiver (X-Waiver)

With the signing of the Consolidated Appropriations Act, **2023** (Omnibus bill), Congress removed the federal requirement for the DATA waiver, or X-waiver, required for practitioners to prescribe medications for Opioid Use Disorder, such as buprenorphine. In January, the Drug Enforcement Administration (DEA) and Substance Abuse and Mental Health Services Administration (SAMHSA) announced that effective immediately, all practitioners with a current DEA registration that includes Schedule III authority, may now prescribe buprenorphine for

OID in their practice, in accordance with applicable state laws. With the removal of the waiver, there are no longer limits on the number of patients a practitioner may treat with buprenorphine, and SAMHSA will no longer accept requests for X-waiver registration. A separate provision of the Omnibus bill addresses new training requirements for prescribers that will go into effect in June 2023. DEA and SAMHSA are working to provide further guidance on these requirements.

<https://www.deadiversion.usdoj.gov/pubs/docs/index.html>

<https://www.samhsa.gov/medications-substance-use-disorders/removal-data-waiver-requirement>

The Kentucky Board of Medical Licensure (KBML) and the Kentucky Board of Nursing (KBN) are aware of the current changes regarding removal of the X-waiver. More guidance can be found here:

KBML: <https://kbml.ky.gov/Pages/index.aspx>

KBN: <https://kbn.ky.gov/Pages/advanced-practice-registered-nurse.aspx#xwaiver>

DEA Issues a Public Safety Alert (PSA) On Widespread Threat of Fentanyl Mixed with Xylazine

For the full PSA, follow this link:

[DEA Reports Widespread Threat of Fentanyl Mixed with Xylazine | DEA.gov](#)

Resources from our partners IPRO Quality Innovation Network-Quality Improvement Organization (IPRO QIN-QIO):

Naloxone Saves Lives

This patient education document describes what Naloxone is, how it works, why it is offered to individuals with an opioid prescription, and signs of opioid overdose. Also available in Spanish. Visit the following link for the complete document:

https://drive.google.com/file/d/1-FOw_9sLOf4XZuQngexcx-Lj6K6KFhdj/view?usp=sharing

Discharge Medications: Nurse-To-Nurse Warm Handoff Guidance

This document is intended for use as a guide for nurse-to-nurse verbal communication of medication-related information required for safe patient transfer upon discharge from the sending to receiving facility. Visit the following link for the complete document:

<https://drive.google.com/file/d/1bda9ULwt69mCWC2chYi6vDgGQH8EFWmg/view?usp=sharing>

Key Messages from CDC Clinical Practice Guideline for Prescribing Opioids for Pain, 2022

Find these key messages and other information on CDC website:

<https://www.cdc.gov/drugoverdose/resources/partner-toolkits.html>

The CDC hosted a webinar in **November 2022** lead by **Captain Deborah Dowell, MD, MPH**. This Clinician Outreach and Communication Activity (COCA) webinar was presented for reference on the Clinical Practice Guideline for Prescribing Opioids for Pain 2022. The webinar link, recording, and slides can be accessed via:

https://emergency.cdc.gov/coca/calls/2022/callinfo_111722.asp

**The above information was obtained from The Centers for Disease Control and Prevention website. Please visit: [Partner Toolkits | Resources | Drug Overdose \(cdc.gov\)](#)

Data Update

KY SOS continues to encourage all facilities to submit their monthly data into KY Quality Counts (KQC). Please continue to report **monthly** data on both the process and outcomes measures. Education and the future of the program are based in part on the data reported. Areas of improvement and areas of success will be highlighted and emphasized as KY SOS continues. If you need assistance with data input or navigation of the KQC data collection system, please contact **Emily Henderson** (ehenderson@kyha.com), **Stacy Allen** (sallen@kyha.com), **Marilyn Connors** (mconnors@kyha.com), **Shanna Jagers** (sjagers@kyha.com), **Mary Beth Ecken** (mecken@kyha.com) or **Melanie Landrum** (mlandrum@kyha.com).

CMS Approved HRIP for Calendar Year 2023

Governor Andy Beshear signed HB 75, updating the Hospital Rate Improvement Program (HRIP) to include Medicaid outpatient care, into law on **March 20, 2023**. In conjunction with the Governor signing the bill, it was announced the Centers for Medicare & Medicaid Services (CMS) has approved the program for **2023** (both inpatient and outpatient) retroactive to **January 1, 2023**.

Melanie Landrum, Vice President of Data, Operations and Innovations at KHA, has been conducting Town Halls to share the details of the updated HRIP Encyclopedia of Measures (EOM). For questions concerning the 2023 HRIP EOM, please contact Melanie Landrum at mlandrum@kyha.com.

The Happenings

Hospital Rate Improvement Program (HRIP)

For **CY 2023**, the HRIP Quality proposal has been **approved**. Three KY SOS metrics are now associated with HRIP funding. The three KY SOS metrics included with HRIP funding are:

1. KY SOS Metric 2b: Concurrent e-Prescribing
2. KY SOS Metric 3a: Emergency Department Opioid Use for Acute Ankle Sprain (ALTO)

3. KY SOS Metric 4b: Opioid Use for Uncomplicated Vaginal Delivery (zero days) (Birthing Hospitals)

***If the ICD-10-O80 code appears **anywhere** in the diagnoses fields or **Uncomplicated Vaginal Delivery** appears, this encounter shall be counted in the DENOMINATOR.*

*This encounter is counted in the NUMERATOR IF **NO** schedule II opioid is prescribed.*

Link to KY SOS Encyclopedia of Measures (EOM) for complete details of metrics:

<http://www.kentuckysos.com/portals/2/Documents/KentuckyStatewideOpioidStewardshipEncyclopediaofMeasures.pdf>

Also approved for HRIP in **CY 2023**:

Discharge with an Opioid Prescription (Freestanding Rehab Hospitals Only)

Primary Care Clinic Outpatient Program

You are aware of the extensive inpatient work around opioid stewardship since the inception of the KY SOS program, but are you aware the program is growing to include hospital owned primary care clinics? The Cabinet for Health and Family Services approached KHA to expand its bandwidth and provide education and guidance in opioid stewardship to primary care clinics. The suggested program, called Six Building Blocks (6BB), was created by a physician-led multidisciplinary team from the University of Washington Department Of Family Medicine and the Kaiser Permanente Washington Health Research Institute. The 6BB Program is a team-based approach to improving opioid management in primary care. In its entirety, the 6BB Program is a 9-to-12-month commitment for primary care clinics. This program is a “clinic redesign” with goals to consistently treat chronic pain patients on long-term opioid therapy in accordance with evidence-based clinical practice guidelines. Information about the 6BB Program can be found on the website: <https://familymedicine.uw.edu/improvingopioidcare/>.

The Six Building Blocks are as follows:

1. Leadership and Consensus-Demonstrate leadership support and build organization-wide consensus to prioritize more selective and cautious opioid prescribing. Solicit and respond to feedback.
2. Policies, Patient Agreements and Workflows-Revise, align, and implement clinic policies, patient agreements, and workflows for health care team members to improve opioid prescribing and care of patients with chronic pain.
3. Tracking and Monitoring Patient Care-Implement proactive population management before, during, and between clinic visits of all patients on long-term opioid therapy. Develop tracking systems, track patient care.
4. Planned, Patient-Centered Visits-Prepare and plan for the clinic visits of all patients on long-term opioid therapy. Support patient-centered, empathetic communication for care of patients on long-term opioid therapy. Develop, train staff, and implement workflows and tools; develop patient outreach and education.

5. Caring for Patients with Complex Needs-Develop policies and resources to ensure that patients who develop opioid use disorder (OUD) and/or who need mental/behavioral health resources are identified and provided with appropriate care, either in the primary care setting or by outside referral. Implement assessment tools; identify and connect to resources for complex patients.

6. Measuring Success-Identify milestones and monitor progress. Measure success and continue improving with experience.

Appalachian Regional Healthcare (ARH) has been the first health system to implement this important program. As the pilot health system, the 6BB program is currently in the process of implementation into clinics in the Hazard, Whitesburg and Prestonsburg areas. After policy and workflow changes have been made in these pilot clinics, work will continue in the remaining ARH primary care clinics. Thank you to ARH for piloting this 6BB program! The goal for this 6BB Program is to be implemented across the state. Clinics are currently being recruited to implement the outpatient work. KY SOS is excited to announce TJ Regional Health has committed to participating in the 6BB program in all 9 clinics. The onboarding and implementation of the program began in February 2023. Thanks to TJ Regional Health for your commitment to improve opioid stewardship efforts in the outpatient clinics in your area.

Ongoing recruitment and education of this program is a priority of the KY SOS program. Reducing opioid overprescribing while improving safe opioid use in inpatient and primary care clinics in Kentucky continues to be the KY SOS mainstay and goal. If your facility has interest in learning more about the 6BB program and implementing, contact Emily Henderson (ehenderson@kyha.com), Shanna Jagers (sjagers@kyha.com) or Marilyn Connors (mconnors@kyha.com) for more information about the KY SOS 6BB program implementation.

KYSOS Launches New Emergency Department Bridge Program

The Kentucky Hospital Association and the Kentucky Statewide Opioid Stewardship (KY SOS) program are excited to launch the Emergency Department Bridge program. The ED Bridge program is an expansion of the existing KY SOS program, which focuses on inpatient and outpatient (primary care clinics) opioid stewardship. This expansion will provide even more access to treatment and care for patients across the Commonwealth.

KY SOS announced the launch of this additional program with a webinar on January 26. You will find the webinar recording and presentation slides on the KY SOS website, under the Education/past presentations tab. Click on this link: www.kentuckysos.com .

Please contact Emily Henderson (ehenderson@kyha.com), Mary Beth Ecken (mecken@kyha.com) or Melanie Landrum (mlandrum@kyha.com) if you have questions about the ED Bridge program. KY SOS is looking forward to working together to grow ED Bridge programs across Kentucky.

Quality Improvement through Community Coalitions

KHA/KHREF has established 8 regional communities for networking opportunities for providers, beneficiaries and community stakeholders.

The Community Coalitions bring together individuals and/or organizations who work together to achieve a common purpose for the patient. The coalition will address the needs and concerns of the community and how to best serve the patients within the community. The advantages of the coalition will allow for increased access to resources and improve overall community organization and working relationships.

The goals of coalition are to work on the following:

- **Opioid** utilization and misuse
- **Chronic disease** self-management
- Community education to increase influenza, pneumococcal and COVID-19 **vaccination rates.**
- Decrease preventable/avoidable **readmissions.**
- Support care settings with public health emergency plans

Who should be part of the Community Coalition?

- Clinician Practices
- Nursing Homes
- Hospitals
- Home Health Agencies
- Hospice Agencies
- Pharmacies
- Area Agencies on Aging
- Community Health Centers
- Senior Housing
- Substance Abuse Recovery Organizations
- Patients and Families
- Faith Based Organizations
- Emergency Responders
- Local Resources such as food banks

Upcoming Community Coalition Meetings:

KY3 Alliance for a Better Community Coalition – June 7, 2023, from 12:00 – 1:30 PM EST

Location: The meeting will take place at the Taylor County Extension Agent at 1143 S Columbia Ave Campbellsville, KY 42718

Zoom will be available if requested.

Lunch will be provided by Amedisys Home Health.

Agenda:

- 12:00- 12:15 PM EST: Lunch/Networking
- Community Coalition Survey Feedback
 - Name of Coalition

- Meeting Logistics – days, times, location
- Host and Lunch Sponsors
- Healthcare Workplace Violence Panel Discussion
 - Hosparus of Green River
 - Kevin Albert, Assistant Administrator for Lake Cumberland Regional
 - State Police
 - Others
- Next Meeting Discussion
 - August 2023
 - November 2023

Please plan to bring one new community partner to the meeting – a nursing home, home health agency, local community resource such as a food bank, faith-based group, homeless shelter, etc. We want to grow our coalition to ensure we are meeting the needs of our community members.

KY2 Coalition Meeting-Tuesday, June 20, 2023, from 1:00 PM-2:00 PM EST

To Join the Community Meeting: <https://bhsi.zoom.us/j/94851425823>

Agenda:

- Discussion on social determinants of health and health literacy
- Community update from Alliant
- Open discussion from community partners

KY2 Hospitals and Community Partners: Baptist Health Hardin, Owensboro Health Regional Hospital, Flaget Memorial, Breckinridge Memorial, Encompass Health Rehabilitation Hospital of Lakeview, Ohio County Hospital, Owensboro Health Twin Lakes Regional Medical Center, Deaconess Henderson Hospital, Owensboro Health Muhlenberg Community Hospital, Deaconess Union County

Statewide Community Coalition meeting, June 29, 2023, from 11:00 AM-12:00 PM EST

Please join us for our Quarterly Statewide Community Coalition meeting on Thursday, June 29, 2023, from 11:00 – 12:00 p.m. EST

To join the Community Meeting:

<https://us02web.zoom.us/j/89233213409?pwd=b0kxODhIOU9HVFEFOZmI2SEd6eEQ3QT09>

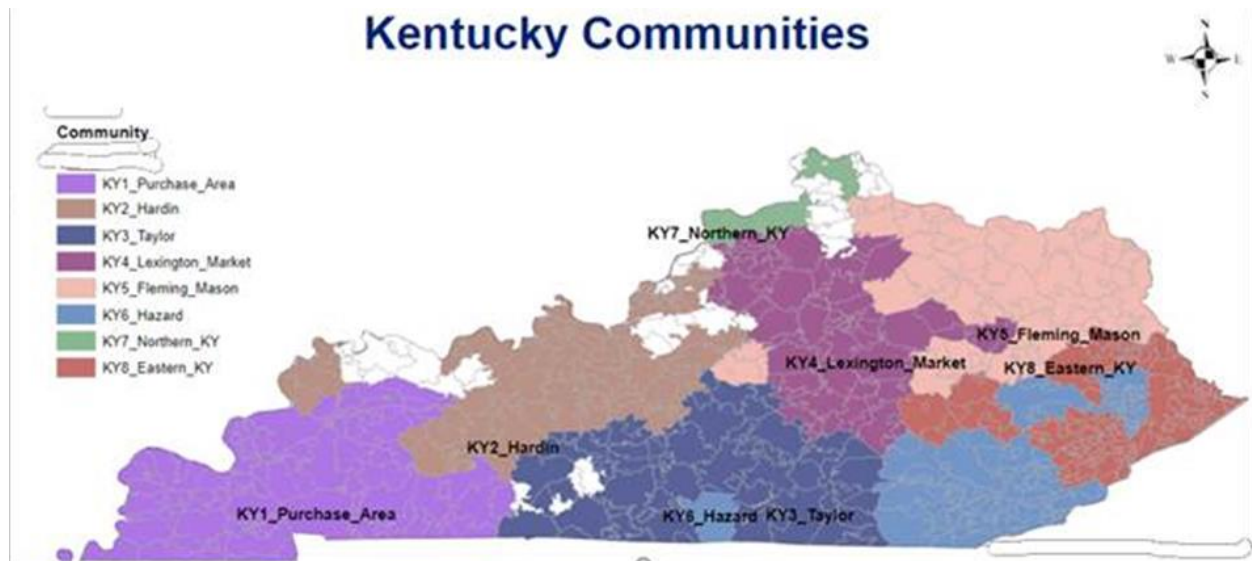
Meeting ID: 892 3321 3409

Passcode: 2501

Agenda:

- Welcome and Overview
- Opioid Data Update from Alliant Health, Jeremy Bischoff

- 988 Suicide and Crisis Lifeline – Transforming Crisis Response in Kentucky, Angela Roberts, DBHDID
- Community Partner – Aware Recovery Care: In-Home Addiction Treatment
- Open Discussion
- Next Meeting August 2023 – Topic Health Literacy



Upcoming Events/Webinars

- **KY SOS July Webinar- Nicole Brummett, PharmD** Director of Pharmacy for The Brook Hospitals KMI and DuPont and **Lisa Deal, PharmD** Senior Vice President of Pharmacy Services at Comprehensive Pharmacy Services in Delaware, will present to KY providers on buprenorphine (pharmacology, mechanism of action, induction vs maintenance dosing) as well as updates in KY legislation guidelines. This webinar is scheduled for **July 26, 2023, noon to 1 PM ET**. Calendar invites will be sent closer to date. Join Zoom Meeting:
<https://us02web.zoom.us/j/83513858671?pwd=RU1obkYalR1b3hPQINTSW8wVzk0UT09>
 Meeting ID: 835 1385 8671
 Passcode: 2501
- **KY SOS August Webinar- Jason Roop, PhD** Executive Director of the Technology Training Center and adjunct Professor of Business Management at Campbellsville University will present for providers of KY on **Starting from Strength: How the Trait-Based Recovery Model is Changing Addiction Treatment**. This webinar is scheduled

for **August 16, 2023, 12 PM to 1 PM ET**. Calendar invites will be sent with the Zoom link closer to date.

- **KY SOS September Webinar- Jill Martin, LPCC** will be presenting **Integration of MAT/MOUD in Primary Care** on **September 12, 2023, from 11 AM to 12 PM ET**. Calendar invites and Zoom link will be sent closer to date.
- **KY SOS September Webinar- Chris Smith** Program Manager, Statewide Overdose Prevention Kentucky Department for Public Health will provide an overview of the various grant funded free naloxone programs throughout the state, introduce the new website for Team KY, and discuss healthcare provider stigma regarding people who use drugs. This webinar is scheduled for **September 26, 2023, from 11 AM to 12 PM ET**. Calendar invites and Zoom link will be sent closer to date.
- **KY SOS November Webinar- Jody Jagers, PharmD** Director of Pharmacy Public Health Programs Kentucky Pharmacy Education & Research Foundation will be presenting on the new OTC status of naloxone and the various available products, pricing and availability of OTC naloxone as well as updates on nasal nalmefene and fentanyl test strip availability, and harm reduction updates in KY. This webinar is scheduled on **November 9, 2023, from noon to 1 PM ET**. Calendar invites and Zoom link will be sent closer to date.
- **Division of Substance Use MOUD Training**
May 16, 2023, 11:30 am – 1:00 pm EST
Title: A Patient's First Day: Barriers to Treatment, Treatment Initiation Best Practices, And Sample Low-Threshold Clinic. Presenter: Laura Fanucchi, MD.
Zoom Registration Link: <https://us02web.zoom.us/j/87822598376>
- Opioid Taskforce Community Substance Misuse & Recovery Summit on **May 16, 2023**. For even details and to register: <https://purchasehealthconnections.com/summit2023/>
- HEALing Communities Study (HCS) Learning Collaborative virtual session scheduled on **May 17, 2023, at 11:00 am, Addiction and the media: Stigmatizing language and best practices**, featuring our speaker, **Carol Krause**, Senior Advisor consultant to National Institute on Drug Abuse and National Institutes of Health. Following the presentation, we will have a roundtable discussion with **Terry DeMio**, opioid epidemic reporter with the Cincinnati Enquirer, **Brittany Hurley**, Peer Support Specialist with Ramey Estep Regroup, and **Dr. Alene Kennedy-Hendricks**, Assistant Professor with John Hopkins Bloomberg School of Public Health. The panelists will be discussing best practices when reporting on addiction and the media's response to reducing stigma.

This is one of a series of Virtual Learning Collaboratives that will be hosted, with subsequent collaboratives designed for shared learning and professional network development.

CE credit: 1 continuing education credit will be offered for registered nurses, advanced practice nurses, pharmacists, physicians, social workers and licensed clinical alcohol and drug counselors.

To register, visit: https://uky.az1.qualtrics.com/jfe/form/SV_6xO5qVWJMjXzpQ

- Kentucky Judicial Commission Mental Health Summit **May 31, 2023** through **June 2, 2023**. To register for the summit: [Kentucky Judicial Commission Mental Health Summit \(exware.com\)](https://www.exware.com)
- Kentucky Harm Reduction Summit June 14, 2023, through June 15, 2023. Registration is currently closed. To be added to the wait list: <https://kiprc.uky.edu/events/2023-kentucky-harm-reduction-summit>
- **Management of All Patients at Risk for Persistent Opioid Use: Findings from SEH Obstetric Unit Protocols** presented by **Ayesa Hilvano, MD**
Friday, July 21, 2023, 2:00PM-3:00PM EST
Registration Link: <https://register.gotowebinar.com/register/551209797014676566>

In Case You Missed It

- **KY SOS April Webinar- Blair Tolar, MD, CPE, FACOG** Medical Director BHMG Paducah, Physician Chair, Women's & Newborn Service Line, Baptist Health System, Medical Director, Robotic Surgery, Baptist Health System presented to attendees about the **ERAS Protocol for Cesarean Sections of Baptist Health System and Opioid Stewardship**. The recording can be accessed: [Presentations & Recordings \(kentuckysos.com\)](https://www.kentuckysos.com)
- **KY SOS May Webinar- Haley Busch, PharmD, BCPS** Quality Manager and Opioid Stewardship Program Coordinator for CHI Saint Joseph Health. **Dr. Busch** presented to KY providers on **Treating Concomitant Acute Pain and Opioid Use Disorder in the Hospital Setting**. The webinar will be posted on the KY SOS website and accessed: [Presentations & Recordings \(kentuckysos.com\)](https://www.kentuckysos.com)
- **CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022**
The CDC recently released the long-awaited guidelines for treating pain of the acute, subacute, and chronic states. The newly released guidance from the CDC both updates and is meant to replace the **2016 CDC Opioid Guideline for pain**. For the complete guidance, please visit: <https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm>
- The FDA issued an alert to healthcare professionals concerning the presence of xylazine in illicit drugs. For the complete alert: <https://www.fda.gov/drugs/drug-safety-and-availability/fda-alerts-health-care-professionals-risks-patients-exposed-xylazine-illicit-drugs>

Did You Know...?

KY SOS Advisory Committee members will come to your facility or schedule a zoom meeting for technical assistance. This opportunity allows your staff to get specific education on opioid best practices. If you have specific questions, reach out to KHA SOS staff and you will be connected with the appropriate KY SOS Advisory Committee member.

Additional Resources on KY SOS Website

- Find Help Now KY is a website used to assist individuals in the community find an addiction treatment facility. For more information, visit the website at www.findhelpnowky.org
- Kentucky Opioid Response Effort (KORE) has funded access to treatment and recovery for individuals who have a functional hearing loss and need effective communication. The guidelines can be found on the KY SOS website or click the link to be directed: <http://www.kentuckysos.com/Portals/2/Documents/KOREGuidelinesDeafHardofHearingAccessdoc.pdf>
- A new harm reduction resource for those in recovery. Find Recovery Housing Now KY is a real-time SUD recovery network to help individuals in recovery locate housing. Please visit: <https://chfs.ky.gov/agencies/dbhdid/Pages/krhn.aspx>
- The National Suicide Prevention Lifeline is now: 988 Suicide and Crisis Lifeline. Please visit: [Lifeline \(988lifeline.org\)](http://988lifeline.org)
- All other KY SOS resources can be found at <http://www.kentuckysos.com/Resources>



FindRecoveryHousingNowKY.org is a free near-real-time recovery housing locator and resource library for the state of Kentucky. The website launched on Wednesday, September 28, 2022.

FindRecoveryHousingNowKY.org allows hospital staff and clinicians to locate available recovery housing openings for patients who are seeking safe and affordable housing that supports their recovery from substance use disorder (SUD). A simple search can be completed within one minute. More than 40 filters are available to help narrow down a search.

FindRecoveryHousingNowKY.org also provides a guided search tool for those who are not sure what they are looking for. The tool asks the website searcher a series of questions and provides a list of recovery houses based on the searcher's responses. The online library has resources on

how to obtain a driver's license/identification card, health insurance, and food benefits, as well as on various support services. FindRecoveryHousingNowKY.org also has materials such as brochures, pocket cards, stickers, and magnets that can be ordered and mailed at no cost. Much like its sister site FindHelpNowKY.org, a free near-real-time substance use disorder treatment locator, FindRecoveryHousingNowKY.org is a linkage to care component for individuals with SUD. FindHelpNowKY.org launched in 2018 and has more than 700 SUD treatment facilities and over 300 providers listed on the site.

If you have any questions or would like more information on FindRecoveryHousingNowKY.org, please email the FindRecoveryHousingNowKY.org team at mail@findrecoveryhousingnowky.org.



For more information, please visit: www.kentuckysos.com or contact a KHA staff member to assist.

Melanie Landrum for data-related questions – mlandrum@kyha.com

Emily Henderson for ED Bridge/outpatient/program related questions– ehenderson@kyha.com

Mary Beth Ecken for ED Bridge questions- mecken@kyha.com

Shanna Jagers for outpatient primary care clinic questions- sjagers@kyha.com

Marilyn Connors for outpatient primary care clinic questions- mconnors@kyha.com

Stacy Allen for inpatient pharmacy-related questions – sallen@kyha.com

Missed a webinar? All presentations are recorded and can be found under the events & education link.