

Kentucky Statewide Opioid Stewardship (KY SOS) September Newsletter

A Message from the KY SOS Team

Registration Now Open for KY SOS 2-Day Virtual Retreat in September!

September 22 – KY SOS will host Advisory Committee member, **Mr. Joe Grossman**, CEO of Appalachian Regional Healthcare system and **Dr. Roger Humphries**, Chair of the Department of Emergency Medicine for UK HealthCare.

September 24 – KY SOS will host Advisory Committee member, **Dr. Alex Elswick**, Voices of Hope and UK Assistant Extension Professor for Substance Use Prevention and Recovery, **Dr. Katrina Nickels**, Hospice and Palliative physician with Bluegrass Care Navigators, and **Dr. Stephanie Abel**, Opioid Stewardship Program Coordinator for UK HealthCare.

Meetings will be held from **2:00 – 4:00 PM ET** daily. Continuing education credits are available for participants in medicine, pharmacy and nursing. **Registration is required for this free event.** To register the event, please visit <https://kyha.memberclicks.net/2020-ky-sos-event-9-22> and indicate which day(s) you will be in attendance. A brochure will be emailed soon with complete event information. If you have questions about this event, please contact **Emily Henderson** (ehenderson@kyha.com).

Banners

Banners have been mailed to all hospitals. The KY SOS team would like to see pictures of your staff with your KY SOS banners, please email photos to **Claire Arant** (carant@kyha.com).

September is National Suicide Prevention Month

September is National Suicide Prevention Month with September 6-12 being Suicide Prevention Awareness Week and September 10 being World Suicide Prevention Day. The National Alliance on Mental Illness (NAMI) has a number of resources available to help identify the risk factors, warning signs and ways to navigate a mental health crisis. **If you are in crisis or someone you know, call the National Suicide Hotline at 1-800-273-TALK (8255) or call 911 immediately.**

Hospital Highlight

Clark Regional Medical Center (CRMC), part of LifePoint Health®, provides high-quality healthcare services in the east Central Kentucky region and is dedicated to Making Communities Healthier®. We embrace taking a leadership role in the communities we serve. CRMC actively participates in activities and partners with organizations to assist in combating substance use disorder (SUD).

CRMC serves on the board of our local Clark County Agency for Substance Abuse Policy (ASAP) board. The Clark County KY-ASAP board was established in 2004. Gaps in our community were

identified by an extensive needs assessment. ASAP is a multidisciplinary committee that focuses on securing new resources to sustain existing initiatives and develop new opportunities while providing critical substance abuse prevention and treatment services to the community. Please contact Teresa Daniels, RN, Director of Infection Prevention at 859-737-8284 or Teresa.Daniels@LPNT.net.

CRMC has partnered with Achieving Recovery Together (ART). ART's Quick Response Team is contacted by our case management department when a patient either accepts or requests help with substance use disorder. ART is an independent, private non-profit recovery community organization led and governed by representatives of local communities of recovery. They are a recovery focused prevention, education, advocacy, intervention, and support organization serving Clark County. ART helps individuals with treatment referrals, medications for opioid use disorder (MOUD), housing, and more. This occurs in all areas of the hospital, including but not limited to, the emergency department, center for women and babies, medical surgical unit, and the intensive care unit. The team consists of peer specialists who are on call 24 hour a day, seven days a week. In 2019 ART visited with 49 patients and 30 entered treatment in conjunction with care of CRMC. For more information, please reach out to Rebecca Cox RN, Director of Case Management, at 859-737-8458 or Rebecca.Cox@LPNT.net.

Loading MOUD therapy began in the emergency department (ED) of CRMC in 2019. The patient must agree to specific stipulations prior to the initiation of MOUD therapy which includes agreeing to an ART referral. ART follows up with the patient for continued support of outpatient MOUD needs. MOUD therapy has shown to reduce anxiety in the ED when withdrawal symptoms begin. Please contact Ashley Moore, RN, Emergency Department Director, at 859-737-8451 or Ashley.Moore@LPNT.net

CRMC is an active participant in the UK HEALing Communities study through the National Institutes of Health (NIH) HEAL (Helping End Addiction Long Term) Initiative and the Substance Abuse and Mental Health Services Administration. The participating Kentucky counties are Bourbon, Boyd, Boyle, Campbell, Carter, Clark, Fayette, Franklin, Floyd, Greenup, Jefferson, Jessamine, Knox, Kenton, Mason, and Madison. Through the study we actively participate and support the committee focus, as well as, taking a leadership role within the MOUD subcommittee and the Opioid Overdose Education & Naloxone Distribution (OEND) subcommittees.

- a. The MOUD inpatient therapy program is in its infancy. Our aim is to identify patients that are dependent on street purchased MOUD. If this is found we are developing a referral program to our waiver licensed provider for evaluation for treatment. The patients are also offered ART services. Please contact Teresa Daniels, RN, Director of Infection Prevention at 859-737-8284 or Teresa.Daniels@LPNT.net. You may also reach out to Rebecca Cox RN, Director of Case Management, at 859-737-8458 or Rebecca.Cox@LPNT.net for further information or questions.

- b. The OEND program is in the planning stage for potential distribution of Narcan to qualifying patient populations. Additional information can be given by Teresa Daniels, RN, Director of Infection Prevention, at 859-737-8284 or Teresa.Daniels@LPNT.net
- c. There is currently a campaign called Break the Stigma. This campaign helps change the conversation about SUD. For example, not using “addict” but instead “substance use disorder”. For more information, please contact Teresa Daniels, RN, Director of Infection Prevention at 859-737-8284 or Teresa.Daniels@LPNT.net

Barbara Kinder RN, Chief Clinical Officer of CRMC, is a member of the KY Statewide Opioid Stewardship (SOS) Advisory Board.

Patients experiencing substance abuse disorder emergencies at CRMC may be evaluated for admission and the appropriate level of care recommended for treatment by Bourbon Behavioral Health through ZOOM or on-site assessments. Bourbon Behavioral Health, part of Bourbon Community Hospital, is a sister facility who offers inpatient treatment for adults (18+) and adolescents (12-17) 24 hours a day, seven days a week. The team of psychiatrists, clinical psychologists, therapists, nurses, social workers, mental health technicians, recreation therapists and Kentucky certified teachers work together to develop individualized treatment plans based upon the needs of the patient, which includes intensive, medically-supervised detox from alcohol, heroin, benzodiazepines and opiates. Referrals to Bourbon Behavioral Health may be made by physicians, psychologists, psychiatrists, social workers, ministers, nurses, home health agencies, family members, therapists, teachers and other agencies by calling 888-394-HOPE (4673). To learn more about Bourbon Behavioral Health visit BourbonHospital.com

CRMC collaborates interdepartmentally and partners with community organizations to help transform lives within the communities we serve. Together we can combat substance abuse disorders through prevention, education, advocacy and treating.

Data Update

KY SOS continues to encourage all facilities to submit their monthly data into KY Quality Counts (KQC). As the COVID-19 pandemic continues, KY SOS understands resources are stretched and data entry might be delayed. Please continue to report **monthly** data on both the process and outcomes measures. Education and the future of the program are based in part on the data reported. Areas of improvement and areas of success will be highlighted and emphasized as KY SOS continues. If you need assistance with data input or navigation of the KQC data collection

system, please contact **Emily Henderson** (ehenderson@kyha.com) or **Melanie Moch** (mmoch@kyha.com).

The Happenings

Upcoming Events/Webinar

- KY SOS Behavioral Health webinar series will host its second webinar in October. It will be presented by, Advisory Committee members, **Dr. Teresa Koeller** and **Dr. Mike Kalfas**, from St. Elizabeth Healthcare. The webinar will focus on substance use disorder assessments and screenings for treatment. A calendar invite will be sent closer to date with all event information.
- KY SOS will continue the Behavioral Health webinar series focusing on legal topics. Education for this webinar will highlight Casey's Law, X Waiver, and best practices regarding prescribing medications for patients with SUD. A calendar invite will be sent closer to date with all event information.
- The last webinar in the Behavioral Health series will discuss medical evidence in support of community based meetings for recovery, highlighting self-help plus MAT, addressing peer support and case management roles in assisting patients in recovery. A calendar invite will be sent closer to date with all event information.

For more information, please visit www.kentuckysos.com or contact a KHA staff member to assist.

Emily Henderson for program and pharmacy-related questions— ehenderson@kyha.com

Melanie Moch for data-related questions – mmoch@kyha.com

Claire Arant for administrative assistance – carant@kyha.com

Missed a webinar? All presentations are recorded and can be found under the events & education link.