

#### **Naloxone Distribution:**

### **Emergency Department (ED) Bridge Programs**

#### **Program Background:**

The Kentucky Hospital Association (KHA) has partnered with Kentucky Opioid Response Effort (KORE) to launch the Kentucky Statewide Opioid Stewardship (KY SOS) program.

The KY SOS Program is working with Kentucky hospitals to fight the opioid epidemic. The program provides services to inpatient, outpatient primary care clinics, and emergency departments (ED) across the Commonwealth. The main objective of the ED Bridge Program is to ensure patients with opioid use disorder (OUD) receive 24/7 access to care. EDs have an incredible opportunity to make OUD treatment accessible to all.

#### **Program Goal:**

The KY SOS ED Bridge team, in collaboration with Kentucky Pharmacists Association (KPhA) and KORE, will provide naloxone to all patients upon discharge from the ED. Patients with a history of overdose (OD), risk for OD, or an OUD diagnosis will receive naloxone thus saving lives and having a significant impact on Kentucky communities.

#### **Program Timeline:**

The KY SOS ED Bridge Programs will begin distributing naloxone to patients on July 1, 2024.

#### **Staff Training:**

To receive naloxone through KORE, all requesting agencies are encouraged to complete training in overdose education and how to use naloxone. Training focuses on recognizing/responding to an overdose, basic tenets of addiction, opioid exposures, roles of treatment, and harm reduction programs.

Training can include <u>How to Use Naloxone - Educational Video</u> and <u>How to Use Naloxone Nasal Spray.</u>

Additional training (either in person or virtual) can be requested using <u>KORE Agency Naloxone</u> Request Form.

#### **Request for naloxone in ED Bridge Program:**

All KY SOS ED Bridge Programs can request a 90-day supply of naloxone during the program's initial rollout. The following link is to be completed to receive naloxone at your hospital KY SOS ED Bridge Naloxone Request Form. Requests can be made starting July 1, 2024.

#### KY SOS ED Bridge Programs with INPATIENT PHARMACY ONLY:

All KY SOS ED Bridge Programs that do **NOT** have an outpatient pharmacy will continue to receive naloxone (after the initial 90-day supply) using the link above. This supply is limited and reserved for KY SOS ED Bridge Programs that are not able to bill naloxone through an outpatient pharmacy.

#### KY SOS ED Bridge Programs with OUTPATIENT PHARMACY:

All KY SOS ED Bridge Programs that have an outpatient pharmacy will be asked to establish a policy for dispensing naloxone to patients with history of OD, risk for OD, or OUD diagnosis upon discharge from the ED within 90 days of the program's rollout.

The following policy has been suggested to the KY SOS ED Bridge Programs from UK Healthcare that has an outpatient pharmacy. This policy allows for naloxone to be ordered for patients who are being discharged from KY SOS ED Bridge Programs. Naloxone will be dispensed from an ED locked storage unit (e.g. Pyxis or Omnicell) from a stock supplied by the facility's outpatient pharmacy.

Prior to loading naloxone into Pyxis or Omnicell, the medication is prepared in the outpatient pharmacy with labeling affixed which meets the legal requirements for outpatient dispensing including the following.

- i. Blank space where the patient's name will be written
- ii. Blank space where the date of dispensing will be written
- iii. Blank space for the provider's name
- iv. Blank space for the kit number
- v. Ensure calling 911 is stated on label

The outpatient pharmacy will retrospectively collect the patient information for billing and documentation. Primary reimbursement will come from patients' pharmacy benefits insurance. Secondary reimbursement for uncovered or partially covered medication will be provided through the Kentucky Naloxone Copay Program using the information below:

ID	1396065983		
Rx Bin	610524		
Rx PCN	Loyalty		
Rx GRP	50778063		
ISSUER	(80840)		

Prescriptions for naloxone will be delivered or faxed to outpatient pharmacy by inpatient pharmacy staff.

Inpatient pharmacy staff will be responsible for:

- 1. Maintaining inventory in ED Pyxis or Omnicell machine
- 2. Attaching pre-signed take-home naloxone scripts to each kit prior to each being placed in ED Pyxis or Omnicell.
- 3. Ensuring naloxone scripts are printed and pre-signed by a medical provider in the ED. A patient sticker should be affixed to the paper script upon dispensing naloxone from ED Pyxis or Omnicell.

Paper prescription with affixed patient sticker will be faxed or hand delivered to outpatient pharmacy.

A patient sticker will be placed on discharge prescription. Prescription will be left in the pyxis pocket in place of the naloxone kit.

#### **Pharmacist-Initiated Dispensing of Naloxone**

Pharmacists in Kentucky can dispense naloxone if certified by the Kentucky Board of Pharmacy and using a physician approved protocol. For more information, please see the Kentucky Board of Pharmacy website.

#### **Storage and Workflow:**

Naloxone provided through the KY SOS ED Bridge Programs (in collaboration with KORE) will need to be in a separate storage area from other medications that may be billed to patient's insurance. This applies to all KY SOS ED Bridge Programs for the first 90 days and then to KY SOS ED Bridge Programs with inpatient pharmacies only.

To comply with this requirement the following is suggested:

- Storage must be separate from other medications that may be billed to patient's insurance.
- The best practice is for naloxone storage to be unlocked for ease of access to facilitate low barrier distribution.
- Naloxone can be stored in or on cabinets, closets, drawers, open shelves, desktops, countertops, or tabletops.
- A staff member retrieves the requested naloxone from one of the hospital's distribution points when a patient is being discharged from ED with history of overdose (OD), risk for OD, or OUD diagnosis.
- A staff member records and logs inventory on a log sheet.
- A note can be added to the electronic health record documenting naloxone was distributed and overdose education was provided.

#### **Patient and Staff Education:**

To distribute naloxone through this program, your agency must provide patient education. At a minimum, KORE, requires:

- a. Educate the recipient on how to recognize an opioid overdose.
- b. Inform the recipient to seek help by calling 911 in an emergency.
- c. Educate the recipient on the proper use of the formulation being distributed.

Consider counseling family members or friends that are present if possible. Contact information for family members or friends educated should be entered into the provider's note or as an emergency contact electronic health record (EHR) if applicable.

#### **Naloxone Stickers:**

Adding stickers to naloxone is a great way to educate your community and spread the word about your KY SOS ED Bridge program. KY SOS ED Bridge Team will provide customized stickers with your hospital name and contact information, along with Never Use Alone and FindNaloxoneNowKY stickers. Stickers will be mailed to all ED Directors.

#### **Data Collection:**

Agencies distributing naloxone through the KY SOS ED Bridge Program will be asked to collect and report distribution data.

Naloxone distribution data to be collected includes: (an individual may decline to answer any of the demographic questions)

- 1. Date of distribution
- 2. Zip code of residence
- 3. Race / Ethnicity
- 4. Gender
- 5. Age
- 6. Experience with naloxone (FIRST, REPLACED, EXPIRED)
- 7. Product given
- 8. Quantity given

Data can be collected using ReadyOp, a free easy-to-use digital data tool or through a paper form. ReadyOp requires you to register your agency and then a link will be sent to your email. Please use this link to register Ready Op Registration-Naloxone Data Collection.

Paper collection is also an option to collect data. Facilities that choose to use paper collection must still submit data via ReadyOp.

#### **Conclusion:**

All KY SOS ED Bridge Programs can begin requesting naloxone on July 1, 2024. Please consider training staff on how to use naloxone and overdose education. Patient educational materials can be found on FindNaloxoneNowKY.org. Adhere stickers to naloxone to spread the word about the ED Bridge Program and how naloxone saves lives!

#### **Quick Links for Program Success**

Please consider saving and bookmarking these links for ease of use

- 1. KY SOS ED Bridge Naloxone Request Form
- 2. How to Use Naloxone Educational Video
- 3. How to Use Naloxone Nasal Spray
- 4. Ready Op Registration-Naloxone Data Collection
- 5. KORE Data Collection and Reporting Guidelines
- 6. Patient Education: How to Use Naloxone (courtesy of FindNaloxoneNowKY)
- 7. Never Use Alone Stickers (courtesy of California Bridge)

All information above was obtained from the following sources and websites:

California Bridge, Kentucky Opioid Response Effort, Kentucky Pharmacist Association, and FindNaloxoneNowKY

### **Templates for Use:**

#### Naloxone Distribution Log

# of Kits	Date	Staff Initials

An overdose happens when someone takes too much of an opioid.

A person who has overdosed will be unable to wake up or talk to you.

Their breathing may be slow and shallow.

> They may not be breathing at all.



FindNaloxoneNowKY.org

# Give Naloxone!

Naloxone reverses overdose. Act quickly!

### Peel

### Place

## Press

Peel back the foil and remove the nozzle into the nasal spray.

Gently *insert* their nostril.

Press the plunger all the way in until it clicks.







Naloxone nasal spray takes 2-3 minutes to work! Wait at least 2 minutes for a response before giving more. CALL 911! Give rescue breaths while you wait.

A person who has overdosed may wake up after naloxone administration or they may remain unconscious.

If someone who received naloxone is breathing slowly, shallowly or not at all, rescue breathing is essential.



## **Give Rescue Breaths!**

- 1. Place them on their back. Make sure nothing is their mouth.
- 2. Apply a barrier mask, if available. Tilt their head back, lift their chin and pinch their nose closed. This opens the airway
- Give one breath slowly, watching to see their chest rise.
- 4. Continue giving one breath every five seconds.
- 5. If they start to gurgle or breathe on their own, stop and roll them onto their side in recovery position.

Steps 1 - 2



Steps 3-4



Step 5



Date:

### KORE Naloxone Training Registration Form

Each individual who is trained in overdose prevention and response must complete this form. A partner agency representative should complete the first two questions (date and number of naloxone distributed to participant) and either ask individuals receiving naloxone the remaining questions or allow the individual to complete the form.

An individual may decline to answer any of the demographic questions; simply leave those questions blank.

Zip Code:	Gender:	Experience With Naloxone:
	□ Male	☐ This is my first-time
Race/Ethnicity	☐ Female	carrying naloxone.
Please choose one:	□ Transgender –	
riease choose one.	Male	<ul> <li>This is a replacement</li> </ul>
☐ Hispanic or Latino	□ Transgender –	- my naloxone was
□ NOT Hispanic or	Female	used to reverse an
Latino	□ Non-Binary / Other	overdose.
Please choose one (If Latinx,		
Hispanic or Latin American,	Age Range:	☐ This is a replacement
feel free to choose Other and	□ 16–24	- I gave my naloxone
specify):	□ 25–34	to someone else.
□ African	□ 35–44	
American/Black	□ 45–54	☐ This is a replacement
□ White	□ 55 <b>−</b> 64	my naloxone expired
□ Asian	□ 65+	PRODUCT GIVEN
□ American		□ Narcan / Naloxone
Indian/Alaska Native		4mg Nasal Spray
<ul> <li>Native Hawaiian or</li> </ul>		☐ Kloxxado 8mg
Other Pacific Islander		Nasal Spray
		☐ Zimhi 5mg IM
(2 or >)		injectable
□ Other		□ Naloxone 0.4mg
If other, please specify:		IM Injectable
		Quantity:

